



forty days & forty nights

My Own Worst Enemy | Lent at Holy Trinity | Windows to the Soul

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Lent is coming

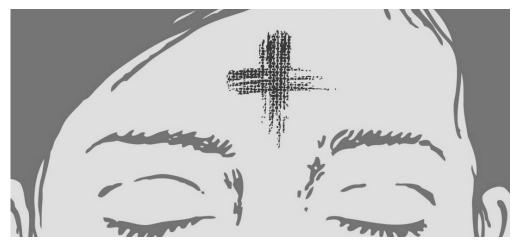
Join us as we begin our observance of a holy Lent.



Shrove Tuesday Pancake Supper: Feb. 13, 5-7 PM, Undercroft

Join us as we celebrate "Fat Tuesday" and the last day before Lent begins. Join us to "sin boldly that grace may abound!" Eat as many pancakes as you can, and all for a good cause.

The pancake supper is a fundraiser for the Men's Ministry and Student Ministry of Holy Trinity. The students will act as servers for the event. The meal is free for all, with a suggested donation of \$5/person & \$15/family. Be sure to tip your waiters and waitresses. Please tip your waiters and waitresses for their exceptional service.



Ash Wednesday Services & Imposition of Ashes February 14 at 7 AM, Noon & 7 PM

Ash Wednesday marks the beginning of Lent. A solemn service focused on human mortality, the service will include the imposition of ashes. Everyone is invited to begin the solemn fast of Lent with this meaningful service.

My Own Worst Enemy

Lit was right and Lent reminds me why.

Dear Holy Trinity,

Lent is one of my favorite and least favorite liturgical seasons.

I love Lent because it has some of the most powerful imagery of the church year. From the imposition of ashes on Ash Wednesday to the stripping of the altar on Maundy Thursday—Lent is a powerful season of the church. It's this season that ultimately convinced me to become Episcopalian.

Furthermore, what's better than a season where we dwell on sin and our own mortality? (You are wondering if I'm kidding now, to which I respond, "mostly?") The great theologian Reinhold Niebuhr was famous for quipping that, "original sin is the only empirically verifiable doctrine of the Christian faith." and Lent is a whole season *devoted* to it. We dwell on our sins, on the areas where we fall short of expectation, on the parts of our life we can't show to anyone or can't seem to get straight. We dwell on it, but it doesn't win; Lent may be about Sin, but Sin doesn't get the last word!

Lent is also wonderful season because it is also a time of preparation and devotion. Traditionally, Christians "give up" a minor (or no so minor) vice, during the 40 days of

FROM THE **RECTOR**



The Rev. Ben Maddison Rector



Lit is an alternative rock band who hit it big with their 1999 hit, "My Own Worst Enemy" from the album A Place in the Sun. (R-L) Jeremy Popoff, Ryan Gillmor, Jay Popoff, & Kevin Baldes.

Lent. In Episcopal circles, it has also been traditional to "take on" a spiritual practice during Lent. So, whether you're giving up sweets or *Dr. Phil*, or you're taking on a community service project or church activity (may I suggest the book club, which meets Thursdays in the rectory at 7 PM), Lent is a time of spiritual and personal preparation—of getting better for the sake of God—of, what the theologians call, "sanctification."

But in my experience, it never seems to quite work out like that. I feel like the best and worst part about Lent is that it reminds me that, as Lit sang in 1999, I'm my own worst enemy:

It's no surprise to me I am my own worst enemy. / Cause every now and then I kick the living **** out of me. / Can we forget about the things I said when I was drunk? / I didn't mean to call you that.

I have this theory; see if you think it has any clout.

I don't think Lent is supposed to make us better. I don't think it supposed to show us how easy it is to get everything right when we do what God says. I don't even think that taking on or giving up something is that important or essential to the Christian experience.

I think Lent is supposed to remind us how we aren't getting better.

For every Bible Study, we attend,

there are two more social missteps, harsh words, or upset significant others. For every cookie sacrificed, for every beer abstained there three more candies eaten, or cocktails mixed. Every time I think I'm getting better, I'm reminded in a million different ways that I am, in fact, my own worst enemy. I undermine my own plans and goals all the time!

That, I believe, is the point of Lent. To remind us that "all have sinned and fall short of the glory of God," as Paul says. But sometimes it's a lot easier to see ourselves outside that "all" as opposed to in it.

This is why Lent is my favorite and least favorite season. Because I hate being reminded that I'm not perfect. I hate taking responsibility for my mistakes. I hate being responsible for my actions. And yet, the Good News of Lent is that it ends in Easter—that it ends with God himself descending from heaven to take away the sins of the world—full stop.

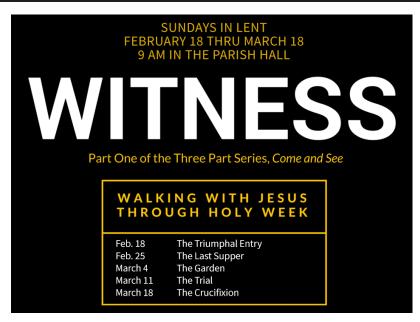
I might be my own worst enemy, but at least Jesus is my friend.

May your observance of a holy Lent—of these scared forty days and forty nights—remind you where you stand with yourself, where you stand with God, and, most importantly, where God stands with you.

In Christ,



LENT AT HOLY TRINITY



LENTEN SUNDAY SCHOOL SERIES STARTS FEBRUARY 18 AT 9 AM

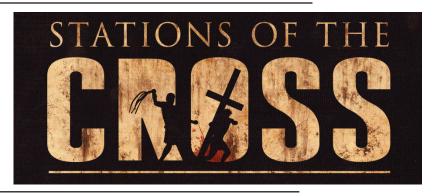
You are invited in this Lenten season on a journey through Holy Week as a witness to the last week of Jesus Christ. Divided over five weeks and taught by our rector, "Witness" will offer an in-depth, biblical look at the important events of Holy Week, inviting attendees to walk next to Jesus, and to stand as witness to this solemn event, from his entry into Jerusalem to his death on the cross.

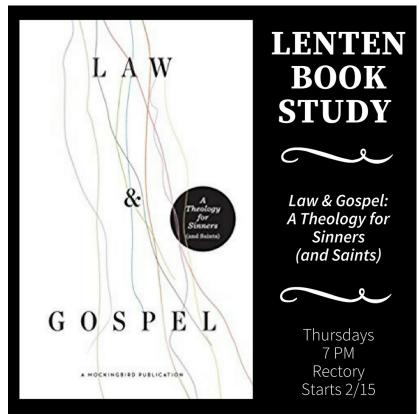
The next two series are:
"Our Hearts Burned: Meeting the Risen Christ"
& "Clothed with Power: the Birth of Ekklesia."

STATIONS OF THE CROSS FRIDAYS IN LENT STARTS FEBRUARY 16 AT 7 PM

Join us as we walk and pray in the steps of Jesus in his final day. This brief, lay-led service is an excellent way to observe and keep a holy Lent. All are welcome.

The order of service comes from the Book of Occasional Services (BOS)





LENTEN BOOK STUDY STARTS FEBRUARY 15 AT 7 PM MEETS IN THE RECTORY

Join us for this casual, conversational book study. We will be reading, Law & Gospel: A Theology for Sinners (and Saints). Open to 8-10 people. Please sign up on the sheet in the narthex. Books can be purchased for a discount price of \$7.50, contact Ben for details.

Here's the description from Amazon:

There's a big difference between judgment and love, obligation and freedom, a wage and a gift. The difference characterizes an extraordinary amount of our day-to-day experience, often dividing fear from hope, and death from life. At the heart of Christianity lies a similar and related dynamic: between the Law and the Gospel. Far from being a reductive or antiquated distinction, understanding where one ends and the other begins allows a person to see both the Bible and themselves—indeed, the whole world!—in a fresh and enlivening way. Written with the non-theologian in mind, this short volume unpacks the good news of God's grace with practicality, humor, and a whole lot of heart.

WINDOWS

TO THE SOUL



Jesus' final hours through the eyes of those who witnessed them

2/21 Mantua UMC

2/28 Zion UMC

3/07 Woodbury Hgts PC

3/14 Holy Trinity EC

3/21 New Sharon UMC

The Romans

The Thieves

The Sanhedrin

The Crowds

The Women

Wednesday

12 PM

During Lent

2/21-3/21

Scripture of the Month

Hope during Lent.

Lent is a season for penitence, quiet reflection, and expanded study. While the solemnity of Lent may become overwhelming, it's important that we stay optimistic regarding the promise of a merciful Lord. This month we highlight a prayer by king Manasseh of Judah. Manasseh was an idolator who was taken prisoner by the Assyrians. While in jail, he prayed to God for forgiveness. Afterwards, he was given back his throne, and Manasseh kept his promise to serve the Lord (2 Chronicles 33:1-20). What follows is an excerpt of his prayer to God while being held captive. He's sorry for what he's done, but also hopeful for God's mercy:

For you, O Lord, are the God of those who repent, and in me you will show forth your goodness. Unworthy as I am, you will save me, in accordance with your great mercy, and I will praise you without ceasing all the days of my life. *Prayer of Manasseh 13b-15a*



Lent may involve a fast, giving up something you enjoy, or even taking something on that you've been meaning to do. It's a quiet and humbling time, but there's a comfort that our penitence will lead to mercy. God forgave Manasseh, and each Lent we remember the solemn vow that he made to God when he was down and out. More importantly, we remember how he kept his word once he was back on his feet. Here's wishing you a fulfilling Lent!

Steve LoCastro

Have you Considered Donating Altar Flowers?

Most Sundays (except during Lent), flower arrangements flank the communion table. These flowers are an offering to God as an act of thanksgiving: an offering of beauty and fragrance for the creator, redeemer, and sustainer of the world. The flowers are also offered with special intention for the needs and thanksgiving of our community, including commemorating birthdays, anniversaries, births, special events, and remembrances. Also, you get to take the blessed flowers home to your family!

The vestry and altar guild have noticed that the quality of the altar flowers has been declining, and we are in the process of looking for a new florist. It is our intention to offer the first and best to God, and we want to make sure the flower arrangements are showing that.

We also recognize that the quality of the flowers may be responsible for the lack of volunteers to offer arrangements. We are hoping that in changing the florist, members might be more willing to offer arrangements. Furthermore, during Ordinary Time (the season after Pentecost), we will only have flower arrangements if they have been donated, or if there is a special event or occasion. **Would you consider offering altar**

It is our hope that these changes might encourage more folks to donate flowers for Sunday mornings. If you would like to do so, arrangements are \$30 and you can sign up on the Flower Calendar, next to the parish hall. Thank you to everyone who already offers flowers for Sunday.

Ministry Updates

News and important information for ministries important to you.

Episcopal Church Women (ECW)

ECW News

It's the month for love, as Cupid and St Valentine remind us. The ECW has a tradition of encouraging everyone to spread their love around the world by donating to Church World Service's outreach program, Blankets and Tools. Information can be found on posters around the building as well as on the envelopes provided each Sunday in February. Please be as generous as you can, to let folks who have endured hardships know they are still cared for.

The winter soup sales continue, and we remind you that anyone can be a cook for this. If you'd like to share a favorite soup or chowder, see any ECW member for details and containers. The third Sunday of the month is Soup Sunday!

Looking ahead, Holy Trinity will host the March 14 Lenten Lunch and Learn, so look for a sign-up sheet if you are able to help with that. This is a wonderful series, as we gather with folks from churches in the Woodbury Heights-Wenonah-Mantua Ministerium to make Lent more meaningful.

And further into the future, April's District ECW

meeting will take place here on Sunday the 15 at 2:00 PM. The speaker will be from Family Promise, and will be of special interest to all of us. Join the wider group for another opportunity for fellowship and inspiration!

Our next regular meeting will be on Monday, Feb. 12, beginning at 7:00 PM in the Parish Hall. Join us!

WAWA COUPONS FUNDRAISER

Do you need a quick meal during this busy season? Are you looking for small gifts for friends? Wawa coupons fit the bill. They are \$4 each for a shortie hoagie or a sandwich. See Jackie Gould after the 8 AM service or Colleen Green after the 10 AM service.

RADA CUTLERY FUNDRAISER

ECW is hosting an ongoing fundraiser. Rada Cutlery has a large selection of cutlery and kitchen products made here in the USA. You can place your order for items online and they will be shipped directly to you. Place your order now and thank you for your support!

The link to order is:

https://radafundraising.com?rfsn=902805.1d802

Music Ministry

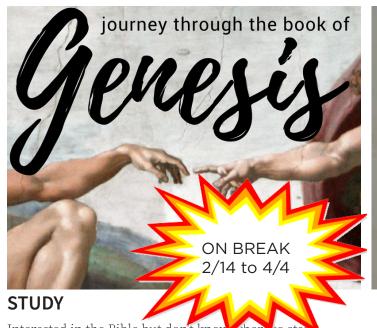
Greetings! One of our goals for the new year is to increase the number of singers we have in our adult choir. We've already gotten one new member; maybe you are the next. No skill or previous experience necessary, just a love of music and a desire to sing. Choir is open to everyone, and we hope you'll join us!

Choir Rehearsal takes place Thursdays at 7:30 PM Children's Choir Rehearsal (and Hand Chimes) takes place Sundays at 11:30 AM

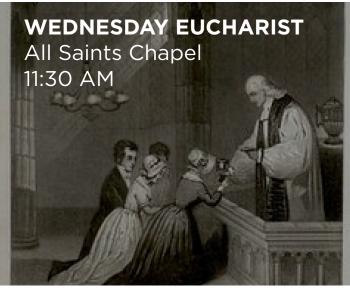
Men's Ministry

Be sure to attend our annual Shove Tuesday Pancake Supper on Tuesday, February 13 from 5 to 7 PM. Food will be free, but a freewill offering will be taken. A suggested contribution is \$5/person and \$15/family. You'll also be treated to service by our youth group! Be sure to tip your waiters and waitresses.

Also, keep an eye out for our upcoming All Parish Breakfasts and some special surprises that Ben and the Men's Ministry team are working on.



Interested in the Bible but don't know where to stark Looking to go deeper but scared to go on your own? This is the class for you. Our rector, Ben Maddison, will be teaching through the book of Genesis. We will dive deeply into the words, history, and meaning of the text, and we might also have a little fun! Join us–everyone is welcome–Wednesdays at 10:15 AM.



WORSHIP

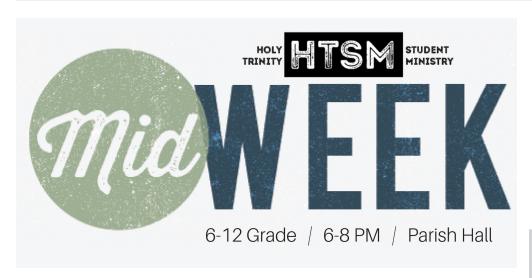
Join us Wednesdays at 11:30 AM for a service of Holy Communion. This spoken service will be held in the All Saints Chapel. The service is about 30 minutes and includes a brief homily. The service is casual and open to everyone.

The Rector's Bible Study will break for Lent; in its place please consider attending the Lenten Lunch Study (p. 5) hosted by the local Ministerium.

Bible Study returns April 4, 2018 at 10:15 AM (with Genesis 18)

Wednesdays at Holy Trinity

Study and worship that feeds the mind and soul.



Midweek Returns: February 28 & March 14

If you would like to get involved or would like more information, contact Ben Maddison at rector@holytrinitywenonah.org.

HTSM: MIDWEEK 6 PM in the Parish Hall

Join the HTSM youth group for MIDWEEK! Food. Fellowship. Formation. Fun. It's a time to hang out, build friendships, and talk about faith. It's a casual meeting with dinner generously provided by volunteers. It meets in the Parish Hall from 6 to 8 PM.

HELP PROVIDE DINNER FOR MIDWEEK

Help provide dinner for hungry kids (8-12).

Click here and sign up!

Outreach Updates

Holy Trinity is a church that listens to God's call to love our neighbor and tries, with God's help, to share that love with those in need.

Kitchen of Hope (KOH) Pantry

KOH is a ministry of St. Thomas Episcopal Church, Glassboro, NJ. KOH is an outreach of love and compassion, providing food and school supplies to families in need.

Holy Trinity serves with KOH on the second Friday and Saturday of each month. The food is delivered at 8:45 AM on Friday; then at 8 AM Saturday, the bags are assembled and distributed to over 150 families.



Upcoming KOH Opportunities

Load Cars 2/09 8:45 AM
Distribution 2/10 9:00 AM



Family Promise of Gloucester County

Family Promise of Gloucester County (FPGC), formerly IHN, is a national program that aids families experiencing homelessness.

If you would like to get connected to IHN, or find out ways you can volunteer, email Sean Garvin at **ilvmaine@comcast.net**.

The next several week for Family Promise at Holy Trinity will be:

March 4-10 May 20-26 August 19-25 December 9-15

We are always in need of Shop Rite gift cards, if you are looking for another way to help!

THANK YOU!

Thank you to everyone who donated household good and items to the graduating families celebration in January.

It was a wonderful opportunity to celebrate with families transitioning to homes of their own. There were enough gifts and baskets for everyone.

As always, your generosity and faithfulness to our shared ministry with Family Promise is a beautiful testament to your love and care for these families. You take Holy Trinity's mission, to "proclaim the Good News of God's grace to everyone," seriously. Thank you.

Your help and love of these families is a proclamation of grace. Thank you!

Parish Snapshots Pictures capturing life inside and outside of Holy Trinity.

Have a picture you want to see here?

We love receiving photos of Holy Trinity members and friends. If you have pictures you'd like to share, send them to:

info@holytrinitywenonah.org



The newly refurbished chalice returned from Abbot's. The experts at Abbot's were able to fix and restore this beautiful chalice at a reasonable cost. Look for it during our Sunday and Wednesday services!

ISAIAH **BUT THOSE WHO** WAIT FOR THE LORD 40:31 SHALL RENEW THEIR STRENGTH, THEY SHALL MOUNT **UP WITH WINGS** LIKE EAGLES, THEY SHALL RUN AND NOT BE WEARY, THEY SHALL WALK AND NOT FAINT. #FLYEAGLESFLY

This was our most popular post on social media. Shared over 65 times, viewed by over 6400 people, and it increased traffic to our Facebook page and web-page dramatically. And it supports our local team. GO EAGLES!



90% of the lights in the whole church have been changed to high-efficiency LEDs, which are brighter and more energy efficient. Also, our aging and lagging air conditioner units have been replaced with newer, larger capacity units. Thank you to the State of New Jersey for their Direct Install Energy Saver program that covered 70% of the cost of the installation.

February Calendar

Sat	ဧ				10	8am - Acolyte Festival	8am - Kitchen of Hope		17					24					e				
Fri	2	8:30pm - AA			6	8:45am - KOH Pick-up at 8a	8:30pm - AA 8a		16	7 pm - Stations of the Cross	8:30pm - AA			23	Submission for Banner Due	7pm - AA Anniversary	7pm - Stations of the Cross	8:30pm - AA	2		Diocesan Convention	7 pm - Stations of the Cross	8:30pm - AA
Thu	-	7:30pm - Adult Choir			8	7:30pm - Adult Choir			15	7pm - Lenten Book Study	7pm - Pre-Convention	7:30pm - Adult Choir		22	7 pm - Lenten Book Study	7:30pm - Adult Choir			-	Ben Away	7:30pm - Adult Choir		
Wed	31	10:15am - Rector's Bible	11:30am - Eucharist		7	10:15am - Rector's Bible	11:30am - Eucharist		14	Ash Wednesday	7 am - Ash Wednesday	12pm - Ash Wednesday	7pm - Ash Wednesday	21	11:30am - Eucharist	12pm - Lenten Lunch Study			28	11:30am - Eucharist	12pm - Lenten Lunch Study	6pm - HTSM: Midweek	
Tue	30	8am - Morning Prayer	5:15pm - Evening Prayer		9	8am - Morning Prayer	5:15pm - Evening Prayer		13	Shrove Tuesday	8am - Morning Prayer	5pm - Shrove Tuesday	5:15pm - Evening Prayer	20	8am - Morning Prayer	5:15pm - Evening Prayer	6:30pm - Vestry		27	8am - Morning Prayer	8:30am - Liturgy	5:15pm - Evening Prayer	6:30pm - Lectors' Meeting
Mon	29	Office Closed			2	Office Closed			12	Office Closed	7 pm - ECW Meeting			19	Office Closed				26				
Sun	28	8am - Rite I	10am - Rite II	11:30am - Coffee Hour	4	8am - Rite I	10am - Rite II	■11:30am - Coffee Hour	11	8am - Rite I	10am - Rite II	■ 11:30am - Coffee Hour		18	8am - Rite I	10am - Rite II	■11:30am - Coffee Hour		25	8am - Rite I	10am - Rite II	■11:30am - Coffee Hour	

IMPORTANT DATES

NEXT MONTH

Lenten Lunch Study, Woodbury Hgts. PC (335 Elm Ave 08097)	ECW Meeting, Parish Hall	Lenten Lunch Study, Holy Trinity (Wenonah)	Vestry, Parish Hall	Lenten Lunch Study, New Sharon UMC (1831 S. Delsea Dr, 08096)	Lectors Meeting, Parish Hall	Agape Meal, <i>Parish Hall</i>	Maundy Thursday Service	Community Good Friday, Mantua UMC (201 Mantua Blvd, 08051)	Good Friday Service	Holy Saturday Service	Easter Vigil	Easter Service (Rite I)	Easter Service (Rite II)	Easter Egg Hunt & Coffee Hour
12:00 p	7:00 p	12:00 p	6:30 p	12:00 p	6:30 p	6:00 p	7:00 p	12:00 p	7:00 p	9:00 a	6:00 p	8:00 a	10:00 a	11:30 a
3/7	3/12	3/14	3/20	3/21	3/27	3/29	3/29	3/30	3/30	3/31	3/31	4/1	4/1	4/1
Kitchen of Hope Loading, Holy Trinity (Wenonah)	Acolyte Festival, Cathedral (Trenton)	Kitchen of Hope Distribution, St. Thomas (Glassboro)	ECW Meeting, Parish Hall	Shrove Tuesday Pancake Supper, Undercroft	Ash Wednesday Service & Imposition of Ashes	Ash Wednesday Service & Imposition of Ashes	Ash Wednesday Service & Imposition of Ashes	Lenten Book Study, Rectory	Preconvention Meeting, St. Thomas (Glassboro)	Vestry, Parish Hall	Lenten Lunch Study, Mantua UMC (201 Mantua Blvd, 08051)	Lectors Meeting, Parish Hall	Lenten Lunch Study, Mt. Zion UMC (1470 Glassboro Rd, 08090)	
8:45 a	9:00 a	9:00 a	7:00 p	5:00 p	7:00 a	12:00 p	7:00 p	7:00 p	7:00 p	6:30 p	12:00 p	6:30 p	12:00 p	



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A PARISH OF THE DIOCESE OF NEW JERSEY

HOLY TRINITY'S STAFF

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Margie MacWilliams

Director of Music

The Rt. Rev. William "Chip" Stokes XII Bishop of New Jersey



Holy Trinity is a diverse community, proclaiming the Good News of God's grace to everyone.

HOLY TRINITY'S VESTRY

Steve LoCastro, Jr. Senior Warden

Carl Carlamere
Junior Warden

Mark Sienkiewicz Treasurer

> Corrin Sellen Clerk

Tina Sheehan

Susan Cassidy

Colleen Green

Alice Nowak

Cheryl DeVoy

Nancy Tinkham

HOLY TRINITY'S SUNDAY WORSHIP